

Boston Logan International Airport has many vegetarian options available.

- menu items are subject to change (6/12/2026)
- (v-vegan)
- Closest gate location displayed next to each restaurant



At Boston Logan, we understand that many people have varied dietary preferences. To accommodate these needs, our restaurants offer a variety of food choices, from salads, veggie burgers, and sushi, to so much more. Whether you're vegetarian, vegan, or have other dietary requirements, there are plenty of options to choose from. Please ask our restaurant employees if you have any questions and alert them if you have any allergies.

Terminal A

Harpoon Tap Room- (A21)

Garden Greens
Creamy Tomato Basil Soup
Roasted Cheese Panini & Tomato Soup
Beer Hall Pretzel
Tator Tots - v
Grilled Cheese & Tomato Soup
Pretzel Bites
Crudite Hummus Board
Avocado Toast
Veggie Sandwich

Boston Bruins Bar - (A16)

Ramen Fries
Wicked twisted Pretzel
Garden Salad
Avocado Toast
Skillet Potatoes
Biscuit

Fox & Flight - (A17)

Greek Yogurt
Eggs & Polenta
Pancakes
Mixed Olives -v
Fried Crispy Chickpeas -v
Brussel Sprouts Agrodolce
Black Truffle Arancini
Bucatini Cacio Pepe
Spaghetti Aglio E Olio

Sbarro - (A18)

Build your own omelette
Bagels, danish, muffins, fruit
Cheese pizza
Spaghetti, baked ziti
White Cheddar Mac & Cheese
Garlic sticks

Jimmy John's - (A17)

Made to order

Buffalo Wild Wing - (A18)

French Fries
Mozzarella Sticks
Cheese Curds
Fried Pickle
Onion Rings
Tots
Carrots & Celery -v

Alta Strada - (A9)

Baby Arugula Salad
Tuscan Vegetable Antipasti
Margherita Pizza
Roasted Mushroom Pizza
Caprese Sandwich
Spaghetti with San Marzano Tomato
Tagliatelle with Wild Mushroom
Fettuccini Alfredo
Garlic Bread with Spicy Tomato basil Dipping Sauce
Bread

Terminal B

Cisco Brew Pub (B36)

Guacamole -v
Nachos
Margherita Pizza
Black Bean Burger
Avocado Toast
Breakfast Sandwich
Salads
Classic breakfast

N.e. MKT - (B29)

Pastries, bagels, muffins
Hummus/Guacamole cup
Fruit, cheese, yogurt cup
Acai Bowls
Egg & Cheese on a bagel
Tomato, basil, mozzarella sandwich
Salads
French fries
Sweet potato fries

Temazcal Cantina- (B18)

Cheese Nachos
Guacamole/Salsa & Chips -v
Fries -v
Fruit and Yogurt Parfait
Chiaquiles Rojas

Lucca - (B16)

The Healthy Start
Toast
Bagel & Cream Cheese
Fresh fruit , muffins
The Morning Ritual
Omelette at BOS
Greens Salad
Garlic & Mozzarella Bread
Arugula Salad
Tomato Soup
Garden Panini
Four Cheese ravioli

Not Your Average Joe's - (B29)

French Toast
Egg White Frittata
Bagel with Cream Cheese
Yogurt,berries, granola
Toast
Whipped Feta Dip
Seasonal House Salad
Greek Wedge
The Margherita
Impossible Caprese Burger

Wolfgang Puck Pizza - (B14)

Omelette
French Toast

Bagel and Cream Cheese
Veggie Breakfast Pizza
Muffins
Pastries
Croissants
Margherita Pizza
Cheese Pizza
Wild Mushroom Pizza
Insalata Pizza
Roasted Veggie Pizza
Power Greens Salad
Avocado Toast
Hummus Wrap

Sam Adams Brewhouse - (B6)

Classic Breakfast Sandwich
French Toast
Chunky Guacamole
Baked Pretzel
House Salad
Black Bean Burger
Margherita Pizza
Eggplant Pizza
Fried Pickles

Kelly's Roast Beef- (B14,B37)

French Fries
French Toast Sticks
Egg and Cheese Sandwich
Parfait

Peet's Coffee & Tea (B25)

Yogurt, muffins, oatmeal
Bagel/croissant, egg & cheese
Fruit & Cheese plate
Greek Salad
Caesar Salad
Hummus cup
Guacamole cup
Vegan Wrap (v)
Caprese Sandwich

Tico - (B37)

Cheese Quesadilla
Veggie Burrito
Veggie Tacos
Guacamole/Salsa & Chips -v
Brown Rice
French Fries

Cava - (B14)

BYO Grains Bowl
BYO Greens + Grains Bowl
BYO Greens Bowl
Classic Pita Chips
Crazy Feta (Side)
Falafel
Falafel Crunch Bowl
Greek Salad Bowl
Harissa Avocado Bowl
Hummus
Roasted Vegetables
Roasted White Sweet Potato
Roasted Eggplant

Terminal C

Mija Cantina & Tequila Bar- (C11)

Chips and Guacamole
Trio of Dips
Chips and Salsa
Side of French Fries
Side of Mexican Rice
Side of Beans
Side of Plantaines
Nachos
Cheese Quesedilla
Traditional Salad
Veggie Burrito Bowl

Santarpio's - (C20)

Avocado Toast
Avocado and Egg Sandwich
Pizza with Toppings to order
House Salad
Black Bean Burger
French Fries
Tater Tots

Davio's Northern Italian Steakhouse- (C26)

Fresh Fruit, Honey Greek Yogurt, Homemade Granola
Mushrooms, Tomatoes, Spinach, Mozzarella Omelet, Toast
Poached Eggs, English Muffin, Ham, Hollandaise
Poached Eggs, English Muffin, Avocado, Hollandaise
Toast
Breakfast Potatoes
Bagel, Cream Cheese
Fresh Fruit
San Marzano Tomato Soup, Goat Cheese Chive Crostini
Arugula, Shaved Parmigiano, Lemon Olive Oil
Balsamic
San Marzano Tomatoes, Mozzarella, Basil Pizza
Spaghettoni, Fresh Basil, San Marzano Tomatoes
Hand-Rolled Potato Gnocchi, Organic Mushrooms, Basil, Truffle
Butter
Tonino's Spinach alla Romana
Creamy Potatoes
Mac & Cheese
David Bieber's Crispy Onion Rings
Asparagus, Olive Oil
Parmigiano Fries, Truffle Aioli

Terminal C

Gachi Sushi & Noodles-(C11)

Bagel or Croissant, Egg and Cheese
Plain Bagel and Cream Cheese
Edamame
Seaweed Salad
Oriental Salad
Gachi Salad
Veggie Fried Rice
Tofu Aburasoba
Veggie Roll

Shake Shack - (C25)

Egg & Cheese Sandwich
Black Truffle Shroom Burger
Veggie Shack
Shroom Burger
Grilled Cheese
French Fries
Cheese Fries

Boston Public Market - (C26)

Mother Juice - Salads -v
Market Bagel - Bagels
Market Bagel - Spreads
Mother Juice - Overnight Oats -v
Market Bagel - Avocado Toast
Mother Juice - Yogurt Parfait
Mother Juice - smoothies
La Cocina - chips and guac
La Cocina - queso dip
Red's Best - Caesar salad, french fries
Beantown - Hummus wrap/potato salad
Market Bagel Sandwich - made to order
Bon Me - Paprika Tofu
Bon Me - Side Salad
Bon Me - Soba Noodle salad with Tofu

Vineyard Grille - (C8)

Greek Salad
Sabra Hummus -v
Margharita Flatbread
Market Salad
Pretzel
Mac & Cheese
White Pie

Camden food co. - (C10)

Self-serve salad bar
Yogurt, muffins, danishes
Egg & Cheese Panini
Caprese Cibatta sandwich

Mike & Patty's - (C19)

Yogurt Parfait
Hard Boiled Eggs
Classic (egg & cheese)
Vegan Classic - v
Mission Burrito
Vegan Mission Burrito - v
Grilled Cheese
Garden Salad
Hash brown/French Fries

Terminal E

Monica's Mercato (E7)

Caprese Salad
Caprese Sub
Pizza made to order
Margherita Pizza
Veggie Pizza

Boston Harbor Distillery (E13)

Bavarian Pretzel Sticks
Harvest Grain Bowl -v
Korean Cauliflower
Rigatoni
Steak Fries/Sweet Potato Fries
Salad

Wow Bao (E7)

Green Vegetable Potstickers
Green Vegetable Dumplings
Vegetable Potsticker Fried Rice
Fried Rice
Coconut Custard Bao
Egg Spinach and Mushroom bao

George Howell Coffee (E7)

Bagel/croissant - egg & cheese
Fruit, muffin, yogurt, scone
Caprese Panini

Sal's Pizza (E13)

Egg & Cheese Stromboli
Classic Cheese Pizza
Veggie Pizza
Margherita Pizza
Veggie Stromboli
Caprese Sub

Peet's Coffee/ Peet's At Night (E13)

Egg & Cheese breakfast sandwich
Plain Bagel and Cream Cheese
Peet's Oatmeal
Muffins, Danishes
Vegetable Flatbread
Marinated Olives
Loaded Hummus *
Pretzel Bites *
Sweet Potato & Waffle Fries

Hudson Evolve (C26)

Yogurt Parfait
Bagel & fruit box
Farmer's Fridge Salads
Farmer's Fridge Pesto Pasta Salad
Hummus Cup

* available from 3pm to 30 min prior to last departure

Multi-Terminals

Potbelly (B4 & C11)

Sandwiches made to order
Salads made to order
Broccoli Cheddar Soup
Mac & Cheese
Garden Vegetable

Legal Sea Foods (A5,B8,B26,C12,E14,E9)

Vegetable Omelet	Greek Salad
Seasonal Fruit Parfait	House Salad
Fresh Fruit	Cole Slaw
Home Fries	Jasmine Rice
Brioche Toast	French-fries
	Broccoli
	Asparagus

Berkshire Farms (A6, B21)

Egg & Cheese Sandwich
Steel Cut Oatmeal
Chicpea Salad
Tomato, Basil, Motzarella Sandwich
Seasonal Berries & Goat Cheese Salad
Kale & Quinoa Salad
Margherita pizza
Cheese pizza
Vegetarian pizza
Greek Salad
Smoothies
Muffins
Hummus Platter
Fresh Fruit & Yogurt

Green Express (C18,E6)

Fruit, yogurt
Muffins, danish, pound cake
Caprese Pesto sandwich

Wahlburgers -(C11, E7)

The Impossible Burger
Crispy Onion Rings
French fries
Tator Tots
Crispy Fried Pickle
Morning Takeoff

Dunkin

(T-A Door A103,A9,A17,B29,T-B Door B211,
B4,C8,C12,C20,C24,C29,T-E Door E105)

Egg & Cheese wake up wrap
Egg & Cheese on a bagel/english muffin/croissant
Avocado Toast
Hash Browns
Grilled Cheese
Bagel with cream cheese
Muffins, donuts, coffee roll, lemon loaf

Starbucks (A18, T-B Door B203,B29,B17

B8,C10,C27)

Veggie egg bites
Bagels, danish, croissant, muffins
Oatmeal

Multi-Terminals

Chick-fil-A (A7, E13)

Fruit cup
Kale crunch
Biscuit with egg and cheese
Mac & Cheese
Berry parfait
Waffle potato fries
Side salad

Stephanie's (B24, E7)

Three Cheese Omelet	Hummus Platter - v
Assorted Bread Options	Arugula Salad
Home Fries	Burrata Caprese
Pancakes	Beyond Burger - v
Parmesan Truffle Fries	Mac & Cheese
Mashed Potato	French Fries - v

B.Good - (A6,B37)

Spicy Avocado & Lime	
Harvest Bowl	Classic Fries -v
Harvest Kale Salad	Sweet Potato Fries -v
Acai Bowls	West Side - breakfast sandwich
Cauliflower Bites	Wake up bowl
Smoothies	Sunnyside bowl