

Boston Logan International Airport has many vegetarian options available.

- menu items are subject to change (11/18/2025)
- (v-vegan)
- Closest gate location displayed next to each restaurant



At Boston Logan, we understand that many people have varied dietary preferences. To accommodate these needs, our restaurants offer a variety of food choices, from salads, veggie burgers, and sushi, to so much more. Whether you're vegetarian, vegan, or have other dietary requirements, there are plenty of options to choose from. Please ask our restaurant employees if you have any questions and alert them if you have any allergies.

Terminal A

Harpoon Tap Room- (A21)

Garden Greens
Creamy Tomato Basil Soup
Roasted Mushroom Toast
Roasted Cheese Panini & Tomato Soup
Beer Hall Pretzel
Tator Tots - v

Boston Bruins Bar - (A16)

Ramen Fries
Wicked twisted Pretzel
Garden Salad
Avocado Toast
Skillet Potatoes
Biscuit

Fox & Flight - (A17)

Greek Yogurt
Eggs & Polenta
Pancakes
Mixed Olives -v
Fried Crispy Chickpeas -v
Brussel Sprouts Agrodolce
Black Truffle Arancini
Bucatini Cacio Pepe
Spaghetti Aglio E Olio

Sbarro - (A18)

Build your own omelette
Bagels, danish, muffins, fruit
Cheese pizza
Spaghetti, baked ziti
White Cheddar Mac & Cheese
Garlic sticks

Jimmy John's - (A17)

Made to order

Buffalo Wild Wing - (A18)

French Fries
Mozzarella Sticks
Cheese Curds
Fried Pickle
Onion Rings
Tots
Carrots & Celery -v

Alta Strada - (A9)

Baby Arugula Salad
Tuscan Vegetable Antipasti
Margherita Pizza
Roasted Mushroom Pizza
Caprese Sandwich
Spaghetti with San Marzano Tomato
Tagliatelle with Wild Mushroom
Fettuccini Alfredo
Garlic Bread with Spicy Tomato basil Dipping Sauce
Bread

Chick-fil-A - (A7)

Fruit cup
Kale crunch
Biscuit with egg and cheese
Mac & Cheese
Berry parfait
Waffle potato fries
Side salad

Terminal B

Cisco Brew Pub (B36)

Guacamole -v
Nachos
Margherita Pizza
Black Bean Burger
Falafel Gyro
Avocado Toast
Shakshuka

N.e. MKT - (B29)

Pastries, bagels, muffins
Hummus/Guacamole cup
Fruit, cheese, yogurt cup
Acai Bowls
Egg & Cheese on a bagel
Tomato, basil, mozzarella sandwich
Salads
French fries
Sweet potato fries

Temazcal Cantina- (B18)

Cheese Nachos
Guacamole/Salsa & Chips -v
Fries -v
Huevos Rancheros

Lucca - (B16)

The Healthy Start
Toast
Bagel & Cream Cheese
Fresh Fruit
Blueberry Muffin
Garlic & Mozzarella Bread
Arugula Salad
Tomato Soup
Garden Panini
Four Cheese ravioli

Not Your Average Joe's - (B29)

French Toast
Egg White Frittata
Bagel with Cream Cheese
Yogurt,berries, granola
Toast
Whipped Feta Dip
Seasonal House Salad
Greek Wedge
The Margherita
Impossible Caprese Burger

Wolfgang Puck Pizza - (B14)

Croissants
Muffins

Pastries
Margherita Pizza
Cheese Pizza
Wild Mushroom Pizza
Insalata Pizza
Roasted Veggie Pizza

Sam Adams Brewhouse - (B6)

Classic Breakfast Sandwich
Avocado Toast
Chunky Guacamole
Truffle Tots
Baked Pretzel
Mozzarella Sticks
House Salad
Black Bean Burger
Margherita Pizza
Blanco Pizza

Kelly's Roast Beef- (B14,B37)

French Fries
Caesar Salad

Pei Wei - (B14)

Spring Roll
Chow Mein
Cauliflower Fried Rice
Veggie Fried Rice
Veggie Noodle
Stir Fried Veggies

Peet's Coffee & Tea (B25)

Yogurt, muffins, oatmeal
Bagel/croissant, egg & cheese

Fruit & Cheese plate
Greek Salad
Caesar Salad
Hummus cup
Guacamole cup
Vegan Wrap (v)
Caprese Sandwich

Tico - (B37)

Cheese Quesadilla
House Burrito
Veggie Tacos
Guacamole/Salsa & Chips -v

Otto - (B37)

Cheese Pizza
Margherita Pizza

Terminal C

Mija Cantina & Tequila Bar- (C11)

Chips and Guacamole

Trio of Dips

Chips and Salsa

Side of French Fries

Side of Mexican Rice

Side of Beans

Side of Plantaines

Nachos

Cheese Quesedilla

Traditional Salad

Veggie Burrito Bowl

Shojo -(C19)

Thai Veggie Spring rolls

Garden Burger

Kimchi Fried Rice

Avocado Kale Salad

Santarpio's - (C20)

Avocado Toast

Avocado and Egg Sandwich

Pizza with Toppings to order

House Salad

Black Bean Burger

French Fries

Tater Tots

Davio's Northern Italian Steakhouse- (C26)

Fresh Fruit, Honey Greek Yogurt, Homemade Granola

Mushrooms, Tomatoes, Spinach, Mozzarella Omelet, Toast

Poached Eggs, English Muffin, Ham, Hollandaise

Poached Eggs, English Muffin, Avocado, Hollandaise

Toast

Breakfast Potatoes

Bagel, Cream Cheese

Fresh Fruit

San Marzano Tomato Soup, Goat Cheese Chive Crostini

Arugula, Shaved Parmigiano, Lemon Olive Oil

Balsamic

Asian Chopped Greens, Carrots, Edamame, Avocado, Peanuts,

Crispy Noodles, Lime Ponzu

San Marzano Tomatoes, Mozzarella, Basil Pizza

Spaghettini, Fresh Basil, San Marzano Tomatoes

Hand-Rolled Potato Gnocchi, Organic Mushrooms, Basil, Truffle

Butter

Tonino's Spinach alla Romana

Creamy Potatoes

Mac & Cheese

David Bieber's Crispy Onion Rings

Asparagus, Olive Oil

Eggplant Caponata

Creamy Blue Cheese Potatoes

Parmigiano Fries, Truffle Aioli

Terminal C

Gachi Sushi & Noodles-(C11)

Bagel or Croissant, Egg and Cheese
Plain Bagel and Cream Cheese
Edamame
Seaweed Salad
Oriental Salad
Gachi Salad
Veggie Fried Rice
Tofu Aburasoba
Veggie Roll

Shake Shack - (C25)

Egg & Cheese Sandwich
Bagel & Cream Cheese
Cinnamon Sugar Donut
Black Truffle Shroom Burger
Veggie Shack
Shroom Burger
Grilled Cheese
Black Truffle French Fries
French Fries
Cheese Fries

Boston Public Market - (C26)

Mother Juice - Salads -v
Market Bagel - Bagels
Market Bagel - Spreads
Mother Juice - Overnight Oats -v
Market Bagel - Avocado Toast
Mother Juice - Yogurt Parfait
Mother Juice - smoothies
La Cocina -any item with or without adding
La Cocina - chips and guac
La Cocina - queso dip
Red's Best - Caesar salad, french fries
Beantown - Hummus wrap/potato salad
Market Bagel Sandwich - made to order
Bon Me - Paprika Tofu
Bon Me - Side Salad
Bon Me - Soba Noodle salad with Tofu

Vineyard Grille - (C8)

Greek Salad
Sabra Hummus -v
Margharita Flatbread
Market Salad
Pretzel
Mac & Cheese
White Pie

Camden food co. - (C10)

Self-serve salad bar
Yogurt, muffins, danishes
Egg & Cheese Panini
Caprese Cibatta sandwich
Hummus & red pepper sandwich

Terminal E

Monica's Mercato (E7)

Caprese Salad
Caprese Sub
Pizza made to order
Margherita Pizza
Veggie Pizza

Wow Bao (E7)

Green Vegetable Potstickers
Green Vegetable Dumplings
Vegetable Potsticker Fried Rice
Fried Rice
Coconut Custard Bao
Egg Spinach and Mushroom bao

Sal's Pizza (E13)

Egg & Cheese Stromboli
Classic Cheese Pizza
Veggie Pizza
Margherita Pizza
Veggie Stromboli
Caprese Sub

Hudson Evolve (C26)

Loaded bagel

Boston Harbor Distillery (E13)

Brussels and Cauliflower
Bavarian Pretzel Sticks
Harvest Grain Bowl -v

George Howell Coffee (E7)

Bagel/croissant - egg & cheese
Fruit, muffin, yogurt, scone
Garden salad

Peet's Coffee/ Peet's At Night (E13)

Egg & Cheese
Plain Bagel and Cream Cheese
Peet's Oatmeal
Muffins, Danishes
Vegetable Flatbread
Roasted Carrot Hummus
Marinated Olives
Loaded Hummus *
Pretzel Bites *
Burrata *

* available from 3pm to 30 min prior to last departure

Multi-Terminals

Potbelly (B4 & C11)

Sandwiches made to order
Salads made to order
Broccoli Cheddar Soup
Mac & Cheese
Garden Vegetable

Legal Sea Foods (A5,B8,B26,C12,E14,E9)

Vegetable Omelet	Greek Salad
Seasonal Fruit Parfait	House Salad
Fresh Fruit	Cole Slaw
Home Fries	Jasmine Rice
Brioche Toast	French-fries
	Broccoli
	Asparagus

Berkshire Farms (A6, B21)

Bread Choices	Salads
Egg & Cheese Sandwich	Fresh Fruit & Yogurt
Steel Cut Oatmeal	Hummus Platter
Chicpea Salad	Muffins
Tomato, Basil, Motzarella Sandwich	

Stephanie's (B24, E7)

Three Cheese Omelet	Hummus Platter - v
Assorted Bread Options	Arugula Salad
Home Fries	Burrata Caprese
Pancakes	Beyond Burger - v
	Mac & Cheese
	Parmesan Truffle Fries
	French Fries - v
	Mashed Potato

B.Good - (A6,B37)

Spicy Avocado & Lime	
Harvest Bowl	Classic Fries -v
Harvest Kale Salad	Sweet Potato Fries -v
Acai Bowls	

Green Express (C18,E6)

Fruit, yogurt
Muffins, danish, pound cake
Caprese Pesto sandwich

Wahlburgers -(C11, E7)

The Impossible Burger
Crispy Onion Rings
French fries
Tator Tots
Crispy Fried Pickle
Morning Takeoff

Dunkin

(T-A Door A103,A9,A17,B29,T-B Door B211,
B4,C8,C12,C20,C24,C29,T-E Door E105)

Egg & Cheese wake up wrap
Egg & Cheese on a bagel/english muffin/croissant
Avocado Toast
Hash Browns
Grilled Cheese
Bagel with cream cheese
Muffins, donuts, coffee roll, lemon loaf

Starbucks (A18, T-B Door B203,B29,B17

B8,C10,C27)
Veggie egg bites
Bagels, danish, croissant, muffins
Oatmeal